



**Danielle Lapointe, PT
&
Kim Barthel, OTR**

Kim Barthel, BMR, OTR is a Neuro-Developmental Treatment OT Instructor and a teacher of Sensory Processing Intervention. Kim provides a holistic perspective to the treatment of individuals with motor control issues.

Danielle Lapointe, BSC. PT is a physiotherapy clinician. Danielle's professional background includes training in acupuncture, myofascial release, pelvic floor dysfunction and incontinence, exercise prescription and extensive manual therapy. Her current interest is in combining neurological-centered therapy with orthopedic practice.



Registration Form

To Register Contact:

Bob Spensley: 250-727-7677

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bob@labyrinthjourneys.com

Mail / Fax registration to:

Labyrinth Journeys
5239 Hanover Place, Victoria, BC
V8Y 2C7

Name: _____

Agency: _____

Address: _____

Phone: _____

E-mail: _____

\$395

cheques are payable to
"Labyrinth Journeys"

register online at

www.kimbarthel.ca

Movement and Senses

How Alignment and
Sensation Contribute to
Posture and Motor Function



**August 15 & 16
2014**



Mary Winspear Centre
2243 Beacon Avenue
Sidney, BC

Overview:

Join us for this dynamic two-day learning experience with two master clinicians who represent very distinct frames of reference.

Together for the first time (as far as we know) they integrate sensory processing intervention together with progressive orthopedic techniques.

Whether you are an occupational therapist, physiotherapist, massage therapist or chiropractor you will find this learning enlightening but also immediately applicable to your daily practice

If you have a massage therapy table please bring it with you.

Dress comfortably and bring yoga matt or a pillow with you.

For information regarding hotels in beautiful Sidney, BC consult www.tripadvisor.ca/sidney

Learning Objectives

1. Discuss the functional anatomy and biomechanics of the pelvis and thorax as it relates to posture and functional movement.
2. Describe and clearly demonstrate objective assessment of the pelvis and thorax, recognizing pathological patterns of movement in muscle activation and joint mobility, including 3 key tests.
3. Develop a preliminary understanding of vestibular and proprioceptive contributions to spinal alignment, posture and functional movement.
4. Describe and clearly demonstrate mobilization techniques to treat:
 - A pelvic torsion
 - A thoracic torsion
 - Myofascial restriction of muscles in the pelvis and thorax
 - Decreased spinal flexion in the thorax and lumbar spine (forward bend)
5. Describe and demonstrate vestibular and proprioceptive treatment techniques to support the development and sustainment of posture and functional movement
6. Describe and clearly demonstrate appropriate home exercises that promote optimal movement patterns in the thorax and pelvis.

Agenda

Day One:

8:30 – 10:30: Functional Anatomy of the pelvis and assessment of pelvis function.

10:45 – Noon: Vestibular and Proprioceptive Contributions to Movement Lecture and Lab

Noon: Lunch on your own

1:00 – 2:30: Treatment Demonstration

2:45 – 5:00 Functional Anatomy of the thorax and assessment of thorax in connection with the shoulder girdle. Lecture and Lab

Day Two:

8:30 – 10:30: Reflex Integration Lab

10:45 – Noon: Sensory Based Home Activities

Noon: Lunch on your own

1:00- 2:30: Treatment Demonstration

2:45 -4:00 Putting it Together Lab: Integrating sensory and ortho

4:00-5:00: Home activities that promote optimal movement patterns.